

CITY OF SHEFFIELD

SWIM SQUAD

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FORTHCOMING EVENTS 2022 / 23

ALL EVENTS ARE LONG COURSE

SNOW FRILLS 2022 – LEVEL 3	MARCH MADNESS 2023 – LEVEL 3
<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: 26th & 27th November, 2022</p> <p>AGES: 9, 10, 11, 12, 13/14, 15/Over</p> <p>EVENTS: 50m All Strokes - HDW 100m All Strokes - HDW 200m All Strokes - HDW 200m I.M - HDW</p>	<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: Sunday 5th March, 2023</p> <p>AGES: 9, 10, 11, 12, 13/14, 15/Over</p> <p>EVENTS: 50m All Strokes - HDW 100m All Strokes - HDW</p>
PREMIER OPEN MEET 2023 – LEVEL 1	NO FRILLS MEET 2023 – LEVEL 3
<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: 24TH, 25TH & 26TH March 2023</p> <p>AGES: 11, 12, 13, 14, 15/16, 17/Over</p> <p>EVENTS: 50m All Strokes - Open Finals 100m All Strokes -Finals - Age Group & Youth/Senior 200m All Strokes -Finals - Age Group & Youth/Senior 200m I.M -Finals - Age Group & Youth/Senior 400m I.M & Freestyle - HDW 800m & 1500m Freestyle - HDW</p>	<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: Saturday 27TH & Sunday 28TH May 2023</p> <p>AGES: 9, 10, 11, 12, 13/14/ 15/Over</p> <p>EVENTS: 50m All Strokes - HDW 100m All Strokes - HDW 200m All Strokes - HDW 200m I.M - HDW</p>
TEAM STEEL MEET 2023 – LEVEL 1	SUMMER MEET 2023 – LEVEL 3
<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: June - TBC</p> <p>Further information will be available on the website shortly.</p>	<p>VENUE: PONDS FORGE ISC, SHEFFIELD</p> <p>DATE: Saturday 15th & Sunday 16th July 2023</p> <p>AGES: 9, 10, 11, 12, 13/14, 15/Over</p> <p>EVENTS: 50m All Strokes - HDW 100m All Strokes - HDW 200m All Strokes - HDW 200m I.M - HDW 400m Freestyle - HDW 400m I.M - HDW</p>

For further information, please check out our website

www.cosss.co.uk

TEAM STEEL
THE PRIDE OF SHEFFIELD